

## PREPARATION

# Upper Endoscopy

For patients taking GLP-1 medications

**Esophagogastroduodenoscopy Technique:** A fiber optic flexible scope is inserted through the mouth after the patient is sedated. The scope is about the diameter of a pen and has a light source at the end so that the physician can see the lining of the pharynx, esophagus, stomach and first portion of the small bowel (duodenum).

- 1. Do not eat any solid food the day before your procedure. You may have clear liquids (see instruction sheet).**
2. If your procedure is before noon, you may have clear liquids until midnight the evening before your procedure. **DO NOT** have anything after midnight. You may brush your teeth but do not swallow any liquid.
3. If your procedure is after noon, you may have clear liquids until 6 am the morning of your procedure. **DO NOT** have anything by mouth after 6 am. You may brush your teeth but do not swallow any liquid.