



## Cancer Survivorship Support Resources

**American Cancer Society (ACS):** [www.cancer.org](http://www.cancer.org)

Trained cancer information specialist to answer questions to learn about programs and resources to help you get healthy and thrive after treatment. (800-227-2345).

**The Survivorship Center:** [www.cancer.org/survivorshipcenter](http://www.cancer.org/survivorshipcenter)

For post-treatment cancer survivorship resources.

**Cancer Support Community:** [www.cancersupportindy.org](http://www.cancersupportindy.org)

Provides psychosocial support to compliment medical treatments in order to nurture every part of a patient as they learn, grow and recover. Local branch 317-257-1505.

**National Cancer Institute (NCI):** [www.cancer.gov](http://www.cancer.gov)

To learn more about cancer or to request any of these booklets listed below, visit NCI's website. You can also call NCI's Cancer Information Service toll-free at 800-4-CANCER (800-422-6237).

Some of the booklets available to order are:

- *Facing Forward: Life After Cancer Treatment*
- *Facing Forward: Making a Difference In Cancer*
- *Facing Forward: When Someone You Love Has Completed Cancer Treatment*

**National Coalition for Cancer Survivorship (NCCS):** [www.canceradvocacy.org](http://www.canceradvocacy.org)

Provides publications, answers to questions about employment rights, and assistance locating legal resources. To learn more about cancer survivorship or to request any of the booklets listed below, visit NCCS' website or call 800-622-7937. Some of the booklets available to order are:

- You Have the Right to be Hopeful
- What Cancer Survivors Need to Know About Health Insurance (2012)
- Working it Out: Your Employment Rights as a Cancer Survivor

**LIVESTRONG:** [www.livestrong.org](http://www.livestrong.org) or 855-220-7777

List of information about support programs for cancer survivors.

**National Cancer Legal Services Network:** [www.nclsn.org](http://www.nclsn.org)

Provides a searchable database of organizations that provide legal services to cancer survivors. The National Cancer Legal Services Network (NCLSN) is a coalition of attorneys, legal service programs, cancer support organizations, and health care providers.

**Cancer Legal Resource Center:** [www.thedrlc.org/cancer](http://www.thedrlc.org/cancer) or 866-843-2572

Provides information through its national telephone assistance line, outreach programs and community activities to educate and to support cancer patients, their families, healthcare professionals and advocates on matters like maintaining employment through treatment, accessing healthcare and government benefits, taking medical leave and estate planning

**Triage Cancer:** [www.triagecancer.org](http://www.triagecancer.org)

Provides information across the spectrum of survivorship issues. Website includes resources in each state to address legal, insurance and employment issues. Call 424-258-4628.

**Patient Advocate Foundation:** [www.patientadvocate.org](http://www.patientadvocate.org) Assistance and services related to insurance and employment issues. 800-532-5274

**Cancer and Careers:** [www.cancerandcareers.org](http://www.cancerandcareers.org)

- Free Publications: download or order printed copies of workbooks, guides, toolkits, and other resources.
- Educational Videos: How-To videos, webinar recordings, personal stories and more.
- Resource Database: Select list of third-party organizations, websites, support groups and hotlines.
- Call 649-929-8032

**I Had Cancer/Young Adult Support:** [www.ihadcancer.com](http://www.ihadcancer.com)

IHadCancer is a cancer support community that empowers people to take control of life before, during and after cancer. Survivors, fighters and supporters/caregivers can share firsthand experiences about the emotional and physical effects of dealing and coping with cancer on a day-to-day basis.

**OncoLink:** [www.oncolink.org](http://www.oncolink.org)

OncoLink provides tools and educational materials on treatment education, psychosocial support and survivorship care plans. These create a one-stop shop for patient education, enabling more impactful patient interactions, improving patient-provider communication and satisfaction. Call 215-349-8895.

**Journey Forward:** [www.journeyforward.org](http://www.journeyforward.org)

Journey Forward is a unique collaboration of organizations with a common goal of improving survivorship care, including Anthem, Inc., Cancer Support Community, Genentech, National Coalition for Cancer Survivorship, Oncology Nursing Society and UCLA Cancer Survivorship Center.

## General Resources

Community Connections	eCommunity.com/CommunityConnections A free search tool to connect patients with social services in their community. <a href="http://www.littlereddoor.org">www.littlereddoor.org</a> (317-925-5595)
The Little Red Door	<a href="http://www.cancercare.org">www.cancercare.org</a> (800-813-4673)
Cancer Care	<a href="http://www.cancerhopenetwork.org">www.cancerhopenetwork.org</a> (877-HOPE NET)
Cancer Hope Network	<a href="http://www.cancer.net/survivorship">www.cancer.net/survivorship</a> (888-651-3038)
Cancer.Net from ASCO	<a href="http://www.survivorshipatoz.org/cancer">www.survivorshipatoz.org/cancer</a>
Survivorship A to Z	<a href="http://www.jcseniorservices.org">www.jcseniorservices.org</a> (317-738-4544)
Johnson County Senior Services	<a href="http://www.janepauleychc.org">www.janepauleychc.org</a> (844-695-7242)
Jane Pauley Community Health Centers	

## Counseling:

Community Health Network/Gallahue	317-621-5700/ 24-hour Crisis Hotline 800-273-8255
Community Behavioral Health	317-621-0590
Cancer Support Community	<a href="http://www.cancersupportindy.org">www.cancersupportindy.org</a> 888-793-9355
Aspire Indiana	<a href="http://www.aspireindiana.org">www.aspireindiana.org</a> (877-574-1254)
Be Well Indiana	<a href="http://www.BeWellIndiana.com">www.BeWellIndiana.com</a> Resources compiled by the Indiana Division of Mental Health and Addiction, designed to help Hoosiers stay connected and maintain their well-being.

## Meal Resources:

Food Pantries	<a href="http://www.foodpantries.org">www.foodpantries.org</a> FoodPantries.org gathers the best government and nonprofit subsidized grocery resources on the Internet.
Meals on Wheels	<a href="http://www.mealsonwheelsindy.org">www.mealsonwheelsindy.org</a> (317-252-5558)
Gleaners Food Bank	<a href="http://www.gleaners.org">www.gleaners.org</a> (317-925-0191)
Community Hospital Meal Plan	Community Touchpoint supports the needs of seniors (60 and or over) with Ala Carte meal program. Please call 800-777-7775.
The Sharing Place	Pantry located in Lawrence serves individuals considered to be living below the poverty line and those with immediate need in the following Marion County zip codes: 46216, 46218, 46219, 46220, 46226, 46235, 46236, 46250, and 46256. Please call 317-760-0420.
Salvation Army Anderson	1615 Meridian Street; Anderson, IN 46016 <a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a> (765-644-2538)
The Park Place Community Center	501 College Drive, Anderson, IN 46012 <a href="http://www.ppchog.org/park-place-community-center">www.ppchog.org/park-place-community-center</a> (765-642-0216)

Kokomo Rescue Mission 321 W Mulberrrt St; Kokomo, IN 46901  
[www.kokomorescuemission.org](http://www.kokomorescuemission.org) (765-456-3838)

Merciful HELP (Hamilton Co.) [www.mercifulhelpcenter.org](http://www.mercifulhelpcenter.org) (317-663-4039 ext 6)  
1045 W. 146<sup>th</sup> Street, Carmel, IN 46032

Johnson County Senior Services [www.jcseniorservices.org](http://www.jcseniorservices.org) (317-738-4544)  
Food pantry for Johnson County seniors.

**Medical:**

Community Health Network [www.ecommunity.com](http://www.ecommunity.com)  
Physician Referral Center Call 317-621-2727

Jane Pauley Community Health Centers- [www.janepauleychc.org](http://www.janepauleychc.org)  
Call 844-695-7242 for locations in your area.

Trinity Free Clinic (Hamilton Co.) [www.trinityfreeclinic.org](http://www.trinityfreeclinic.org) (317-819-0772)  
1045 W. 146<sup>th</sup> St., Carmel, IN. 46032  
The mission of the Trinity Free Clinic is to provide quality free medical, dental, and health services with dignity and respect to the uninsured, under-insured, and low-income residents of Hamilton County through a professional and dedicated staff and volunteers.

Touchpoint HATS Clinic- [www.ecommunity.com](http://www.ecommunity.com) (317-621-4694)  
Healthy Aging Transitions Services HATS HATS Clinics are located at Community Hospital East and Community Health Pavilion Noblesville. An outpatient clinic for comprehensive assessment of common issues related to aging, such as memory problems or falls. Patients may be self-referred, referred by a loved one or referred by a physician.

**Meds:**

Needy Meds [www.needymeds.org](http://www.needymeds.org) (800-503-6897)  
Good RX [www.goodrx.com](http://www.goodrx.com) (844-292-1232)  
Save up to 80% on prescription drugs and can be used instead of insurance.

The Healthcare Alliance [www.thehealthcarealliance.com](http://www.thehealthcarealliance.com) (866-368-1436)  
Save up to 75% prescription drugs and be used instead of insurance.

**Fitness:**

YMCA Livestrong Program [www.cancer.org/ymca](http://www.cancer.org/ymca)  
Lance Armstrong Foundation-enter zip code to connect to your local program. They offer a free

Silver Sneakers 12-week program at the YMCA. Requires referral and medical clearance from physician. Health and fitness program designed for adults 65+. Included in many Medicare plans

**Financial:**

Community Health Network Billing

317-355-5555

Wellfund

317-621-2398

Need Help Paying Bill

[www.needhelppayingbill.com](http://www.needhelppayingbill.com)

My Good Days

[www.mygooddays.org](http://www.mygooddays.org) (877-968-7233)

My Benefits CheckUp

[www.mybenefitscheckup.org](http://www.mybenefitscheckup.org)

(Helping to connect seniors with available benefits)

Energy Assistant Program

[www.indyeap.org](http://www.indyeap.org)

The energy assistance program (EAP) provides financial assistance to low-income households to maintain utility services during the winter heating season. This is a HEATING program and Summer Cool program (when funding is available). MARION COUNTY ONLY

Health insurance

[www.healthcare.gov](http://www.healthcare.gov) (800-318-2596)

Official site of the Health Insurance Marketplace

**Transportation:**

Central Indiana Council on Aging (CICOA)

8040 Woodfield Crossing Blvd., Suite 175

Indianapolis, Indiana 46240

Toll Free Number: 800-489-5465

Main: 317-254-5465

- \$5.00 per roundtrip
- Door to door transportation to medical appointments and other needs within Marion County.
- Application is required
- Must be at least 60 years of age and reside in Marion County
- Handicap Accessible

Taxi Discount Program

Main: 317-803-6153

- Taxi discount coupons through the Indianapolis Yellow Cab for a maximum of \$25.00 (retail value of \$50.00) per month based on availability.
- Open to Marion County seniors age 60 and older. Coupons are distributed on a first-come first-served basis and certain limits apply.
- Handicap Accessible

Horse Lady's Medical Transportation Main: 765-734-1182

- Accepts Medicaid only
- Transportation for medical appointments only.
- Long distances only, trip must be at least 40 miles
- Provide at least 48-hours' notice
- Not handicap accessible

IndyGo Public Transportation Customer Service: 317-635-3344

- Public transportation fare \$1.75 per trip (half fare for seniors 65+, and children under 18 with a valid ID or anyone who qualifies with an IndyGo Half Fare ID Card)
- Open Door service requires a pre-screening and application.
- Open Door Reservations/Cancellations: 317-917-8747
- Handicap accessible

Johnson County Senior Services Main: 317-738-4544

[www.jcseniorservices.org](http://www.jcseniorservices.org)

- Offers transportation in Johnson County for Individuals 60 and older
- Transportation Monday thru Friday from 8:30 to 3:00pm.

**Local Resources:**

[www.in.gov/ihcda](http://www.in.gov/ihcda)

[www.connect2help.org](http://www.connect2help.org)

[www.cicoa.org](http://www.cicoa.org)

Dial 211 for your local resources

Connect 2 Help

Main Office: 317-254-5465 Central Indiana Council on Aging- Disabled Resource Center; age 60 and over.

**Local Trustee Offices**

- Center Township of Marion County  
863 Massachusetts Ave, Indianapolis, IN 46204.  
317-633-3610
- Wayne Township Trustee  
5401 W Washington St, Ste 400, Indianapolis, IN 46214. 317-241-4191
- Perry Township Trustee  
4925 Shelby St Ste 300, Indianapolis, IN 46227.  
317-788-4815
- Decatur Township Trustee  
5410 S High School Rd, Ste 2, Indianapolis, IN 46221. 317-856-6600
- Warren Township Trustee  
501 N Post Rd, Ste A, Indianapolis, IN 46219.

317-327-8947

- Lawrence Township Trustee  
4455 McCoy St #3, Indianapolis, IN 46226.  
317-890-0011
- Washington Township Trustee  
5302 N. Keystone Avenue Ste. E, Indianapolis, IN  
46220. 317-327-8800
- Anderson Township Trustee  
1423 Central Ave, Anderson, IN 46016.  
765-644-1267
- Center Township of Howard County  
213 E Jefferson St, Kokomo, IN 46901.  
765-452-8259